



Manage Stress Before It Manages You -

Start Date: 12/5/2024 9:00 AM

Manage Stress Before
It Manages You

WORKSHOP CANCELLED

Thursday, December 5, 2024
9:00 a.m. - 3:30 p.m. CT

PLEASE NOTE : We request that each participant participate from his/her own computer and use a webcam. This will allow you to participate in the breakout group discussions that are an important part of the learning experience.

Registration Deadline: November 14th

Missed the deadline?
[Click here](#) to inquire if spots remain.

Fee:

RWHC Member & Affiliate Member

\$200 per person

Non-RWHC Member

\$240 per person

Fee includes program handouts.

0.6 CEUs