





# **CPI-Nonviolent Crisis Intervention**

# Onsite Training Package Available for RWHC Members Only

Package includes five full-day training sessions provided at your facility over a 12-month period. *Participants receive certification good for two years.* <u>Please note</u>: This is NOT a train the trainer program.

**Farget Audience:** Anyone who has contact with patients, ranging in positions from patient registration o physicians.

# Program Description:

Learn how to defuse challenging and disruptive behavior before an incident escalates to a crisis. Upon completion of this training series, individuals will be Nonviolent Crisis Intervention Certified.

#### Benefits to Staff

- Reduce the risk of injury by decreasing the number of physical interventions.
- Improve communication among staff by establishing a common language.
- Boost staff confidence to intervene both verbally and physically.
- Alleviate the stress and anxiety associated with confusion or uncertainty in crisis moments.
- Feel safe at work again.

#### Benefits to Your Organization

- Minimize the risk of potential liability.
- Improve staff retention by providing the skills necessary to manage difficult situations.
- Comply with legislative mandates and regulatory/accreditation guidelines.
- Create and maintain a safe, caring, and respectful environment for staff and those you serve.
- Demonstrate your organization's commitment and contribution to a safer community.

#### Benefits to Those You Serve

- Live, learn, and thrive in a safe and respectful environment.
- Interact with positive role models who are well equipped to manage difficult situations.
- Become an active participant in the debriefing process and learn new coping skills.
- Receive staff guidance about making **positive behavior choices** in the future.
- Feel supported by staff who are empathic, compassionate, and respectful.

# Objectives: The participant will be able to:

- Describe the typical behavioral responses associated with the development of a crisis and choose an appropriate intervention for each level of behavior.
- Describe elements of good interpersonal behavior and demonstrate how verbal and nonverbal strategies can be used to decelerate behavioral responses during a crisis.
- Explain the importance of effective listening and identify key approaches associated with empathic listening.
- Identify precipitating factors for crisis behavior and explain how they may impact staff.
- Identify a range of nonphysical approaches that can be implemented to prevent or reduce the likelihood of challenging, aggressive and violent behavior.
- Use a postvention model for action that will help bring about necessary closure, debriefing, and the re-establishment of a positive and productive relationship with the individuals involved.
- Describe the importance of factual recording and reporting the experience.

View Joint Commission Resources: Joint Commission Alignment & Joint Commission Reference

# **Certified Nonviolent Crisis Intervention Instructor:**

Erin Smital, RN, Nursing Professional Development Educator, RWHC

#### Fee:

Package for RWHC Members Only includes:

\$6,250 for five full-day training sessions provided at your facility over a 12-month period.

*Workshop Savings of \$3,750 without the package deal!!!* 

Does NOT include cost of participant workbooks, or mileage, meal costs and overnight accommodations for instructor.

**To learn more, please contact Erin Smital,** RN, Nursing Professional Development Educator, RWHC, <u>esmital@rwhc.com</u>, 608-643-1066.

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